

FLIPS 4 KIDS MINI CLINIC!



FRIDAY, AUGUST 2, 2024



OPEN TO AGES 5-10

CARTWHEELS

11:15-12:30

One-handed cartwheels
Handstands
Bridges
Roundoffs

\$40



BACK HANDSPRINGS

12:45-2:00

Conditioning
Light strength training
Airtrack
More 1 on 1 practice

\$45

Prerequisites - child MUST BE ABLE to do a bridge kickover, handstand, & roundoff

DETACH & RETURN THE BELOW REGISTRATION FORM & PAYMENT TO THE DROPBOX IN FRONT OF THE STUDIO BY JULY 31

Child's Name: _____ Age: _____

Clinic (Circle which your child will attend):

Cartwheels

Back Handsprings

Both

Parent/Guardian Name: _____

Parent/Guardian Phone Number: _____

Emergency Contact
(Person other than parent): _____

Emergency Contact Phone Number: _____

A waiver form must be completed before your child can participate. These can be downloaded on our website & filled out prior to arrival, or filled out at the studio on the day of the clinic.

PLEASE PARK IN THE BACK OF THE BUILDING & USE THE ENTRANCE MARKED "LITTLE STARS GYMNASTICS"

**Contact Sophia at 216-410-7637 with questions.
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